

30 September 2020



What to do if you have Covid-19 symptoms



	Event	Immediate student Action	Student Follow on Action	
1.1	You develop Covid-19 symptoms (on campus)	Call MU Covid-19 Response Team on (01 474 7999 / covid.response@mu.ie)	Follow the instructions given to you by the MU Covid-19 Response Team. They will assist you to get to a safe place, and to get medical advice.	
1.2	You develop Covid-19 symptoms (off campus)	Stay away from campus. Contact your GP or Student Health and follow advice. Inform MU Covid-19 Response Team (01 474 7999 / covid.response@mu.ie).	Ensure your contact log is up to date in case needed.	
1.3	You are referred to take Covid-19 test.	Self-isolate until advised otherwise by GP/HSE.	Inform Covid-19 Response Team.	
1.4 <u>OR</u>	You test positive	Follow the instructions of the HSE public health team and self-isolate . Provide details of your close contacts to HSE. Inform MU Covid-19 Response Team.	Follow HSE advice and self isolate until you have had no fever for 5 days and it is at least 10 days since the first symptoms developed.	
1.5	You test 'not detected'	Inform MU Covid-19 Response Team of 'not detected'. Return to normal activities once you've passed 48 hours without symptoms.	Subject to GP/HSE advice, return to study on campus.	





What to do if you are a Close Contact of a Confirmed Case



		Event	Immediate Student Action	Student Follow on Action
	3.1	You are contacted by HSE as close contact	If advised, restrict movements for 14 days. Inform MU Covid-19 Response Team (01 4747999/ covid.response@mu.ie)	Follow HSE advice on restricting movements and testing.
	3.2	You <u>believe</u> you may be a close contact of someone who you know has tested positive	Restrict movements for 72 hours.	If 72 hours pass and you have not been contacted by the HSE, you are not a close contact and can return to unrestricted movement.
) 2	3.3	You take CV19 test because you are identified by HSE as a close contact	Inform MU Covid-19 Response Team if test is positive.	Continue to restrict your movements for 14 days even if test result is 'not detected'. If advised by HSE, get a 2 nd Covid-19 Test. Inform MU Covid-19 Response Team of test result. Return to campus after restricted movement period ends and in line with GP/HSE advice

What to do if you are living with someone who has Covid-19 Symptoms



		Event	Immediate student Action	Student Follow on Action	
	4.1	Everyone in a household may be advised by GP to restrict movements or self-isolate, but not to take test.	Stay away from campus. Inform Covid-19 Response Team.	Follow GP advice.	
3	4.2	son or daughter may l tested. If the parent's isolate for 14 days an	this scenario will depend on the details. For example, a may be advised to restrict movements while a parent is ent's test is positive, the son or daughter will have to self- ys and be tested. If the parent's test is negative, the nent will be lifted, and the person can return to campus		



Summary – Overall principles

YOUR CONDITION	YOUR ACTION	YOUR CLOSE CONTACTS
You have symptoms	✓ Seek medical advice ✓ Self Isolate	✓ Remind them to take precautions
You are advised to take a test because of symptoms	✓ Self Isolate	✓ Remind them to take precautions.
You have confirmed Positive test result	✓ Self Isolate	✓ They should restrict their movements for 72 hours unless advised otherwise by the HSE.
You are identified by HSE as a close contact and advised to take test	✓ Restrict movement	✓ Remind them to take precautions.
You are advised to restrict movement but not advised to take test	✓ Restrict movement	✓ Remind them to take precautions.
You have "Not detected" test result	✓ Continue to restrict movement as advised by HSE, then return to campus	✓ No further action needed